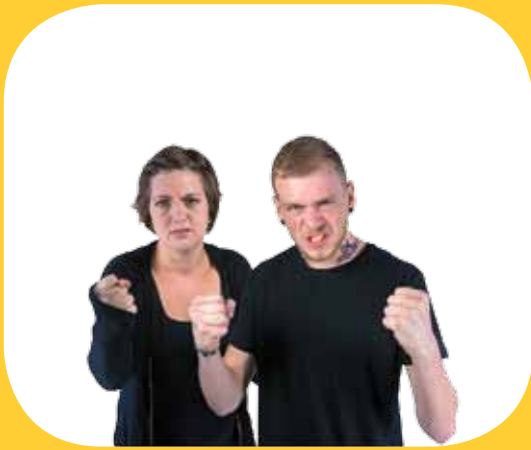




What to do if something bad happens to you



There are different ways that people can hurt you.



Someone might call you names.



Someone might steal something from you.



Someone might hit or kick you.



Someone might touch you in a way you don't like.



Someone might throw something at you.



Someone might break something of yours.



Bad things can be done by anyone.



It can happen anywhere.



Hate Crime is when someone is bad to you because of something you can't change or because of your beliefs.



It might be because you have a learning disability.



It is always wrong.



It is not your fault if you are being bullied.



There are lots of people you can tell if someone has hurt or upset you.



You could tell your family or friends.



You could tell your support worker.



If someone has done something bad to you you could go to the police.



You can tell them what happened to you and they will try to find the person to stop it happening again.



You could fill in a Hate Crime Reporting Form.



There are other people you could talk to ...



You can phone Stop Hate UK. Calls are free.
0800 138 1625.



You can phone Victim Support. You can dial 141 first, and they won't know your number.
08 08 16 89 111

The logo for Truevision, featuring the words "TRUE VISION" in a white, sans-serif font inside a blue oval shape.

TRUE VISION

You can visit Truevision's website and report it online
<http://report-it.org.uk>

Contact Details

020 8246 5200
info@unitedresponse.org.uk
www.unitedresponse.org.uk
www.facebook.com/unitedresponse
www.twitter.com/unitedresponse
www.unitedresponse.org.uk/blog

The logo for United Response, featuring a horizontal line of colorful dots in shades of red, orange, yellow, green, and blue above the text "United Response" in a white, sans-serif font. Below the text is the tagline "support that changes with you" in a smaller, italicized white font.

**United
Response**
support that changes with you

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