The Base@ Burnholme



About us

The Base@Burnholme is a place where adults with learning disabilities can go to develop new skills, make friends and build their confidence.

We run a fun and creative schedule of activities spanning six rooms within the Centre@Burnholme. From physical sports in the main hall, to cookery classes in the kitchen area, we do our best to offer an engaging and rounded programme that has something enticing for everyone.

Our credentials

We blend a healthy dose of local knowledge and understanding with the high-level support you'd expect from being part of a national charity. United Response has over 45 years of experience helping people with disabilities and mental health needs live the lives they want.

Our support

What we do is great for people who want to:

- Improve their physical health
- Learn independent living skills and self-care
- Boost their wellbeing and self-esteem
- Communicate better
- Improve their social skills
- Form new relationships

Our service is ideal for people with:

A Learning Disability
Assessment

Some of the activities we offer include:

- Music
- Arts and crafts
- Cooking
- Bakinc
- Sensory dance
- Community choi
- Independent living skills
- Sports



How does it work?

When we meet someone for the first time, we set to work finding out everything we need to know to make what we do work for them:

- What are they looking to improve on?
- What don't they like doing?
- Do they have any special interests?
- How can we help them get where they want to be?

With the information we gather, we guide each person towards the activities and sessions we think they'll find the most rewarding. Nothing we do is set in stone and sessions can be tailored to cater for people's particular hobbies or interests, where possible.

Encouraging positive risk-taking

We believe in encouraging people to step outside their comfort-zone and try new things, safe in the knowledge they'll be supported by experienced staff in a safe and familiar environment. All our sessions aim to help people who struggle with self-confidence to feel valued and welcome, and we actively nurture any friendships that evolve naturally through our groups.

How much does it cost?

Customers are charged per session attended. The Base@ Burnholme is open from 9am-4pm and people can come along for either a full, six-hour day or a half day of three hours between these times. The cost is assessed by social services depending on individual needs and income.



Where can I find out more?

More information is available about the Base@Burnholme from your Care Manager or Social Worker.

To find out more or to arrange a visit please contact:

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