



**United
Response**
support that changes with you



ROC
College

Across the south of England



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At ROC College, staff design and deliver personalised learning and development programmes, in order to support learners to build confidence and progress towards their outcomes and aspirations.

Welcome to ROC College

Post 16 education in your community, not the classroom

ROC College has an exciting approach to learning and skills development by offering flexible and personalised learning opportunities. The curriculum is tailored to meet the needs of our students and their short and long-term outcomes.



At ROC College, we recognise that learning and growth takes place within a person's local community. We facilitate opportunities to learn in a range of community environments which are directed by the individual student and their EHCP.

Some students wish to progress their skill development to further training, education and/or employment. Others wish to develop skills that will help them live as independently as possible, participating in their local community.

Within all programmes of learning, ROC College recognises the importance of gaining greater social skills and confidence, helping individuals to progress positively as they move forward in life.





Our Pathways

ROC College offers 5 different Pathways which students can go onto depending on their needs, aspirations and destination. All students need to be 16-25 with an EHCP.

There are 5 Pathways

1 Next Steps

For students who want a bespoke programme tailored to their needs.

2 Lifelong Learning For students who are going to move into adult wellbeing services in the future.

3 Further Education

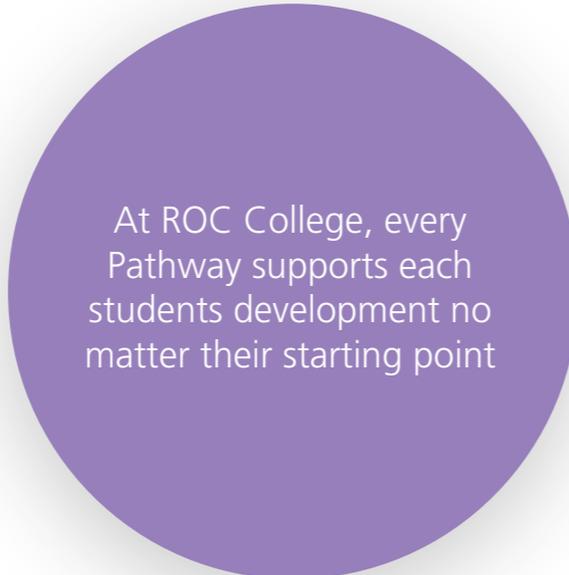
For those needing a transitional year to prepare them for moving onto mainstream college.

4 Employment

To prepare students for progressing towards the next stages of employment.

5 Supported Internship

To support students who are nearly work ready to transition into employment.



At ROC College, every Pathway supports each students development no matter their starting point

All students have access to:

- Pastoral support and therapy
 - Technology to support their learning and development
 - Literacy and numeracy support
 - Careers advice and guidance
 - Monthly social activities
 - Preparing for Adulthood assessment
 - PSHE curriculum
 - The student union
 - Activities week in July
 - British values curriculum
 - Opportunities to complete voluntary work and work experience
- 

Empowering
Independence

Building Confidence

Creating Futures

Our bespoke approach empowers learners to develop essential life, social, and employment skills, helping them achieve their personal goals and thrive in everyday life.

Education & Learning

- Study Functional Skills in English and Maths
- Work towards accredited qualifications
- Apply learning to real-life, practical situations

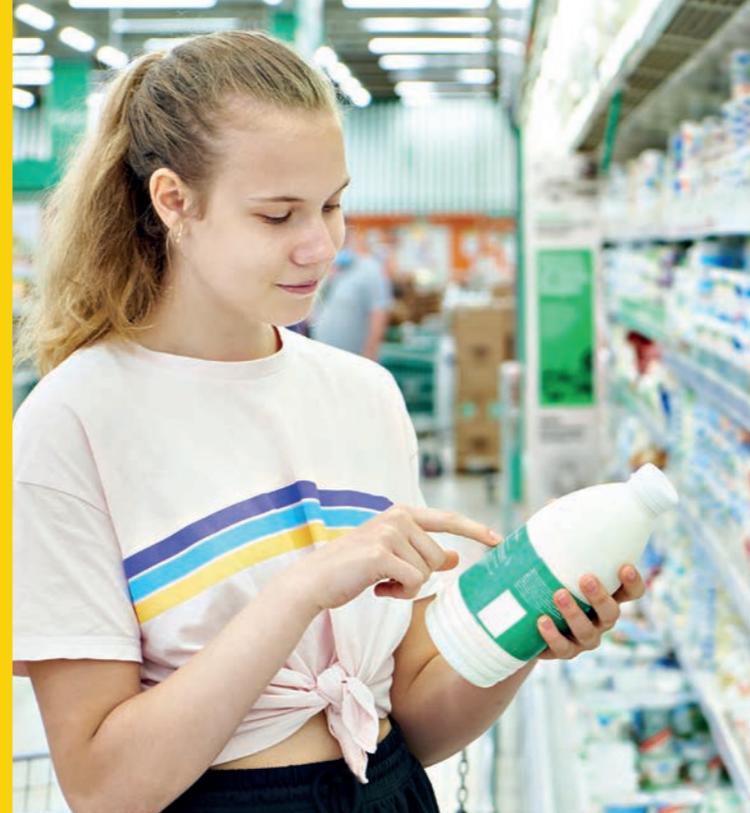
Preparing for adulthood

- Learn everyday skills for independent living
- Manage money, plan meals, and cook safely
- Build confidence through travel and community activities

Next steps

This is a flexible and nurturing, personalised programme designed to support every learner's journey whatever their starting point.

1:1 support in a community-based setting, learners develop confidence, independence, and practical skills, whilst gaining accredited learning.



Employment Skills

- Explore career options
- Develop interview and communication skills
- Gain real experience through local work experience placements

SEMH Support & Development

- Access pastoral and therapeutic support
- Build resilience, confidence, and social skills
- Support to develop strategies to manage personal wellbeing

Community Engagement

- Take part in wellbeing sessions such as gym, swim, and horse-riding sessions
- Enjoy outdoor learning and social activities
- Focus on health and wellbeing

Lifelong Learning

This pathway is a highly personalised and nurturing programme for learners with more complex needs.

Providing structured, supportive, and engaging experiences that help you grow in confidence, communication, and independence — preparing for a smooth transition into adult life and social care activities. Students take part in meaningful learning that develops practical, social, and emotional skills in the community.

Our bespoke approach helps every student reach their full potential, build relationships, and enjoy learning for life.

Supporting Growth

Building Connections

Preparing for Adulthood

Education & Learning

- Engage in personalised, experiential learning
- Focus on communication, choice-making, and engagement
- Develop functional and practical skills for everyday life

Preparing for Adulthood

- Learn daily routines and independence skills
- Practise real-life tasks such as cooking and shopping
- Build confidence in community and social settings

Employment & Community Participation

- Take part in supported enterprise and volunteering

- Develop teamwork, communication, and responsibility
- Explore meaningful activities in the local community

SEMH Support & Development

- Access to therapeutic support
- Build emotional awareness and positive relationships
- Develop trust, confidence, and resilience

Wellbeing & Enrichment

- Enjoy sensory, creative, and relaxation sessions
- Take part in movement, music, and outdoor activities
- Focus on health, happiness, and personal fulfilment

Raising Aspirations

Building Skills

Opening Opportunities

Preparing for Further Education

This pathway is a personalised program that supports students transitioning to mainstream college or further study. Through 1:1 and small-group support, learners build confidence, independence, and

academic readiness. The program combines classroom learning, functional skills, and real-world experiences to prepare students for success in further education.

Education & Learning

- Study Functional Skills in English and Maths,
- Gain accredited qualifications to support college progression
- Develop study skills, organisation, and academic confidence

Preparing for Adulthood

- Learn independent living and time management skills
- Practise planning travel and managing daily routines
- Build confidence to navigate new learning environments



Employment & Career Preparation

- Explore career pathways linked to further study
- Develop communication and teamwork skills

SEMH Support & Development

- Access pastoral and wellbeing support
- Build resilience, motivation, and emotional regulation
- Develop confidence and a positive mindset for transition

Community & Enrichment

- Participate in enrichment activities and college visits
- Engage with peers and new learning opportunities
- Celebrate personal growth and readiness for next step

Employment

Pathway to Employment is a small group program that prepares students for work.

Through developing essential employment skills, exploring careers, gaining confidence in workplace environments, employer led activities and collaborative projects. Our program builds independence, teamwork, and employability, supporting the transition into meaningful employment or further training.

Building Skills

Gaining Experience

Preparing for Employment

Education & Skills for Work

- Gain practical employability skills
- Develop workplace behaviours, time management, and organisation
- Learn health and safety, communication, and teamwork

Preparing for the Workplace

- Explore career pathways and personal strengths
- Learn interview techniques and job application skills
- Build confidence in professional environments

Work Experience & Placements

- Participate in local work placements and enterprise projects

- Gain hands-on experience in real work settings
- Apply learning in practical, career-focused contexts

SEMH Support & Personal Development

- Access pastoral support and guidance
- Build confidence, resilience, and self-awareness
- Develop strategies for managing challenges in work settings

Community & Enrichment

- Engage in collaborative projects and team activities
- Take part in employer visits and industry workshops
- Celebrate achievements and readiness for employment

Empowering
Independence

Building Confidence

Creating Futures

Supported Internships

This pathway is a structured work-based study programme for students transitioning into paid or supported employment. Through real-world placements with support, 1:1 mentoring, and workplace coaching, learners gain experience,

develop employability skills, and build confidence. This pathway helps explore career options, build professional networks, and prepare for long-term employment, whilst offering wellbeing support.

Work-Based Learning & Skills

- Participate in structured, real workplace placements
- Develop industry-specific skills and professional behaviours
- Learn time management, communication, and workplace etiquette

Preparing for Employment

- Gain confidence applying for jobs and attending interviews
- Learn to work independently and as part of a team
- Build problem-solving and workplace resilience



Supported Work Experience

- Take part in meaningful, supported placements in local businesses
- Apply practical skills in real work environments
- Receive feedback and guidance to improve performance

SEMH Support & Development

- Access mentoring and pastoral support throughout the internship
- Develop confidence, resilience, and self-advocacy skills
- Manage challenges and celebrate achievements in a supportive environment

Community & Networking

- Connect with local employers and professional networks
- Participate in employer-led workshops and skills sessions
- Celebrate progress and transition successfully into employment

Accredited Learning

At ROC College, we promote high aspirations for learners in order for students to make good progress from their starting points.

Students can enrol on a range of accredited learning courses through OCN London and City & Guilds, from Entry Level 1 up to Level 2.

- Functional Skills in Maths and English
- Independent Living Skills – focusing on self-management and home life
- Using Employability Skills – preparing for work and career progression
- Vocational Training – practical skills for future pathways





Preparing for adulthood: Life skills

Students develop key life skills like healthy eating, budgeting, communication, and safe travel. With personalised support, each learner builds confidence and independence, gaining the practical skills needed to transition successfully from young person to adult and navigate life with confidence and independence.

Our aim is for students to build positive attitudes to learning so that they can make better-than-expected progress towards independence.

Employability

You will have opportunities to engage in voluntary work and work experience in areas that interest you, helping you explore the careers you find most rewarding. Our team of Job Coaches and Mentors are here to support you on your journey toward paid employment through work experience, job clubs, and internships, providing guidance every step of the way.

Students are supported to develop useful skills that employers value so that they have better chances of gaining paid employment.



Health, Fitness & Wellbeing

At ROC College, we believe that staying fit and active is an important part of everyday life. Being healthy not only supports your wellbeing but also helps you succeed in work and daily life.

You will have the opportunity to take part in a variety of sports and fitness activities, while also learning about healthy eating and how to prepare nutritious meals.



Social Skills Activities

At ROC College, your curriculum might be delivered 1:1 to ensure learning is focusing on your individual needs and goals.

However, we also recognise the importance of making friends and enjoying social experiences. To support this:

- 'Social Crash' Activities – held once a month, giving you the chance to meet other students and have fun together.
- Activities Week – at the end of July, enjoy a full week of engaging activities designed to build friendships and try new experiences.
- Joint Wellbeing sessions – Matching you with other learners during your college days to do wellbeing activities together.

Past activities have included:

- Llama walking
- Bowling
- Theme parks
- Cinema trips

- Camping
- Paddleboarding

These experiences help students build confidence, social skills, and lasting memories alongside their learning.

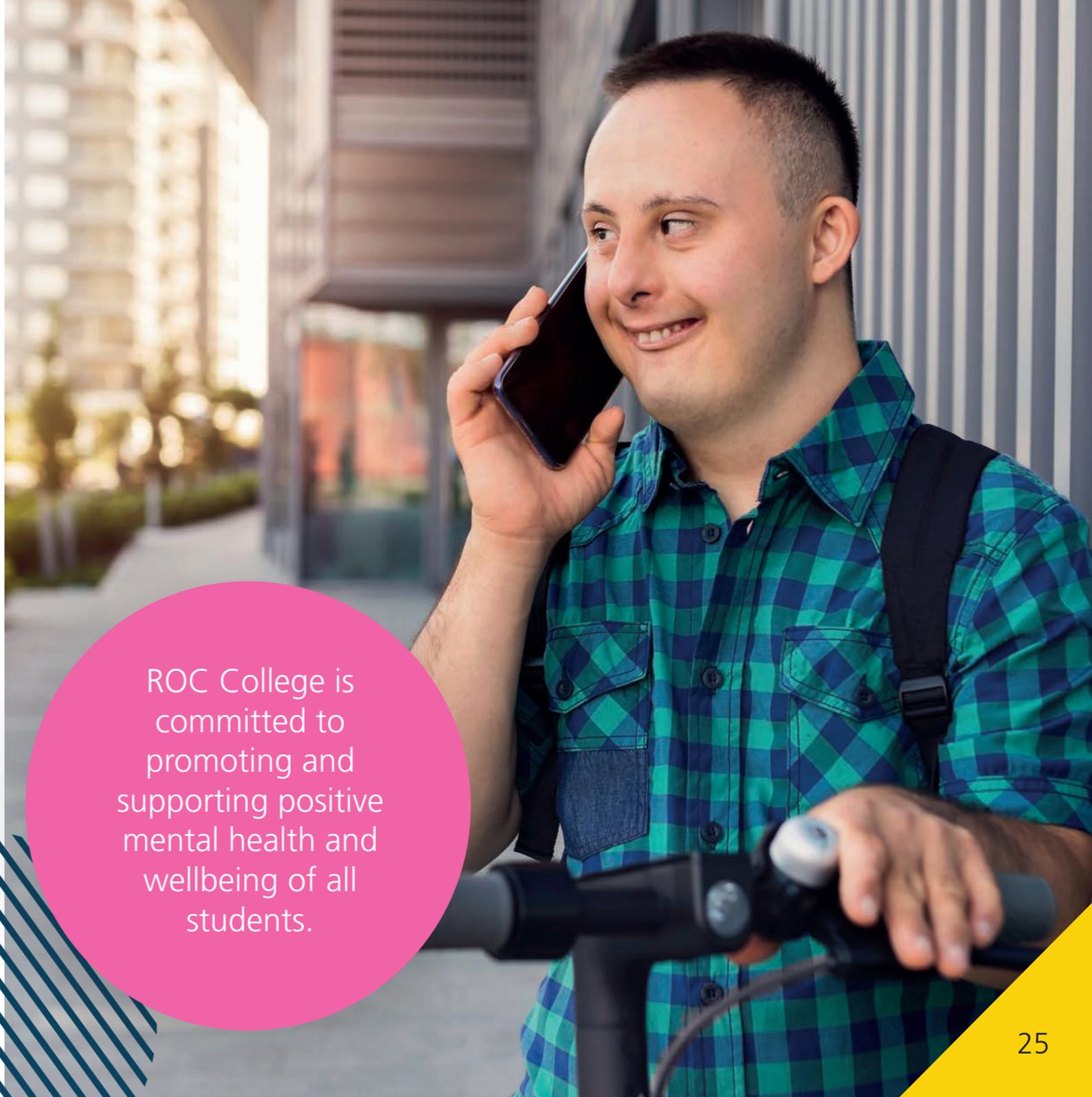


Emotional and Mental Health Support

We foster healthy relationships, personal responsibility, and positive behaviour in a supportive, collaborative environment. Our Student Wellbeing Team provides regular or one-off support, and for additional help, we offer access to local or online therapy, including counselling, Rewind therapy, and life coaching, tailored to meet each student's individual needs.

Transition

At ROC College, we support your transition from one setting to another, whether it's further education, work, or adult life. Through personalised guidance, one-to-one support, and visits, we help you develop independence, build confidence, and prepare for new environments, ensuring a smooth and successful move to the next stage of your journey.

A young man with a backpack is riding a bicycle and talking on a smartphone. He is wearing a green and blue plaid shirt. The background shows a modern building with large windows and a walkway.

ROC College is committed to promoting and supporting positive mental health and wellbeing of all students.



Vision

To create a community-focused education that inspires and empowers young people with SEND. We strive to deliver high-quality learning, skills development, and employment opportunities that celebrate every individual's potential and value their lives, enabling them to thrive in all aspects of life.



Mission

To provide personalised, challenging, and meaningful learning experiences that support young people and adults to grow in independence, confidence, and resilience. Through tailored curricula and dedicated support, we prepare learners to achieve their goals, participate fully in society, and embrace their role as active citizens.



Contact us

You are invited to visit ROC College and explore for yourself the community opportunities we facilitate for our students. You will be able to meet our friendly staff and ask questions.

To book your visit, contact

✉ roccollege-referrals@unitedresponse.org.uk

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ROC College is part of United Response, a national charity supporting young people and adults with a wide range of disabilities and mental health needs to live the life they choose. Reg Charity No. 265249. Photos ©istock