

## **ROC Creative**

Torbay and Honiton



## **About ROC Creative**

**ROC Creative, a dedicated** arts project, based in and around Torbay, Totnes and Honiton, has been supporting people with learning disabilities and autism to express themselves creatively since 2008.

We believe in raising expectations of what people with disabilities can achieve, producing shows, performances, exhibitions and hard-hitting animations, at community events, theatres and online.

> Our specialist practitioners run groups in art & design, photography, film, animation, dance, drama, music, cabaret and samba drumming.



Everyone is welcome



### Art and Design

We provide people with a warm and inspiring space to learn creative skills and techniques, develop artistic potential and encourage self-expression. Sessions are run by experienced art practitioners and are tailor made to support different interests and abilities. We embrace the wider artistic community, regularly displaying our artwork at Cockington Court and other venues in Devon, giving our artists a strong sense of passion and pride in their work.





The staff show off our skills and not our disabilities.

Joshua



#### Drama and dance

Our actors research local history and develop their storytelling skills through the use of improvisation and group exploration, adapting original stories and devising new ones, to ensure the drama is more accessible to them. They explore themes that impact their lives, such as hate/mate crime, loneliness and inequality. The principles of storytelling are encouraged through play, objects, music and words. We strive to create a structured and educational environment where group members can reflect on the world we live in, building selfesteem and communication skills.

As well as producing their own art exhibitions, our art department support the process by creating costumes, props and scenery for Samba band and productions.

Cabaret Club focuses on musical theatre performance, with vocal and physical warm-ups, songs and routines, giving group members the opportunity to develop their skills and build confidence.

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Our Samba band – Samba ROC – has been performing to audiences since 2003 at community events across the South West.

Contact us to find out our rates and how you can book us.



# ROC Creative Honiton

ROC Creative Honiton is an adaptive arts project in East Devon supporting people to explore the arts, express themselves creatively and access their local arts community.

Our art sessions are always varied and cover a range of practices and processes including printmaking, textiles, photography, drawing & painting and sculpture.

We run an Outdoor Art group on Tuesdays, utilising the outdoors for nature inspired art and community photography walks. Working alongside local art spaces and galleries we try to make the arts accessible and break down barriers.



All interests and skill levels can be accommodated for, and we strive to enable each attendee to learn new skills, develop their potential and unlock their creativity.

ROC Creative regularly collaborate with arts projects in the South West, creating opportunities for professional development, new experiences and new partnerships across counties, enabling ROC Creative and United Response to work towards our objective of a cross-county touring production and outreach work with schools, colleges and community groups.

#### It helps me keep calm and relieves my stress.





# Contact information

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#### Based at:

ROC Creative The Boatshed Steamer Quay Road Totnes Devon TQ9 5AL

ROC Creative is part of the national charity United Response. For more information about what we do, go to: www.unitedresponse.org.uk

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