

Your life during Covid

Survey results

Questions



1. What do you think about it?

- Good
- Bad
- Not sure





In 2021, we asked people we support in Devon and Cornwall to complete a survey.



We wrote a report about what everyone told us in the survey and shared it with senior managers and the Trustees at United Response.



This report tells you what we found out.



Most people who answered live with family and other carers (68%).



Most people said life was difficult for them during Covid. Reasons included having mental health issues, frustration, too many rules, having to wear masks (69%).



Most people said there had been some good things about how the Covid pandemic changed everyday life (68%). This included learning independence skills and using Zoom to keep in contact with others.



Over half of the people said they now have closer relationships with the people around them. (58%)



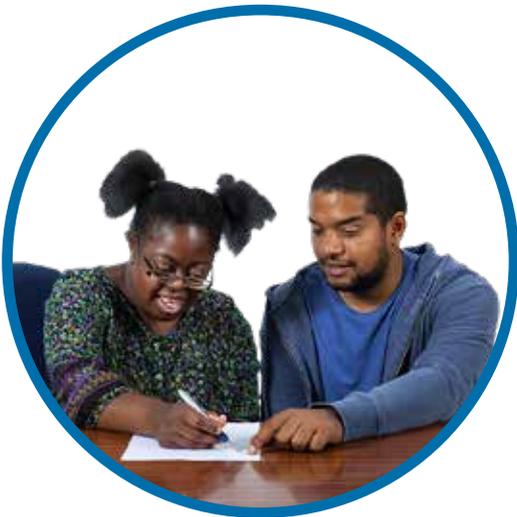
Nearly half of the people had felt lonely (46%).



Three quarters of people were able to keep in contact with family and friends via phone calls, social media and Zoom (76%).



Three quarters were excited about doing something when Covid restrictions were lifted (76%).



Most people had help to complete the survey (69%).



Less than a third of people have a **person centred plan** (31%). This puts the person being supported at the centre of their plans for the future.



Conclusions

Most people coped well with good support from families and staff.



The people who coped best had access to technology.



Not enough people have a person centred plan or know what it is.



Recommendations

To learn from the comments of people we support and recognise the good work of support staff.



To develop support for technology where it is wanted and needed.



To prioritise person centred planning.



We will look into different ways the people we support can share what they think about things to make it easier for everyone.



Senior managers say they will listen to what people have said and try to make things better for people where they can.



Thank you to everyone who answered our survey and to those who helped make it and send it out.