

London Marathon Guide

Apply for Team United Response #TeamUnitedResponse

United Response wants someone we support to run the London Marathon. This document explains what that means. Please think very carefully before you apply.

If you have any questions, you can contact Maxine by emailing fundraising@unitedresponse.org.uk or calling 07435 994 562

[Click here to go to the form on the United Response website](#) and answer the questions online.

What's in this document

[Page 1: About the London Marathon](#)

[Pages 1 – 2: Who can apply](#)

[Page 2: What you will need to do if you get a place](#)

[Page 2: What United Response will do to support you](#)

[Pages 2 – 3: How do I apply?](#)

[Page 3: What happens next](#)

[Pages 3 – 6: Prepare your answers using these questions](#)

About the London Marathon

The London Marathon is a big event that happens once a year. This year's London Marathon is on 25 April 2027.

A lot of people run and walk the route around London. The route is 26.2 miles, this is a very long way.

The London Marathon is shown on TV.

Some people take part to raise money for charity. This is your chance to do that.

Who can apply?

Anyone who is supported by United Response can apply. You must be 18 or older.

You can apply if you want to help other people, and if you want to do something amazing that you can be proud of.

You can apply if you want a big challenge.

By applying you are telling us you are happy with the things we explain in this document.

What you will need to do if you get a place

You will need to train. Training means practicing and getting ready to run and walk the 26.2 miles.

You will have 8 months to train and you can train in a way that works best for you.

You will need to raise at least £2,200 for United Response. This is because United Response is a charity; a charity is a type of organisation that helps people. People give money to charities so they can keep helping people. This is called donating.

United Response has spaces at the London Marathon because we are a charity. We will use the money people raise for us to help other people we support to try and learn new things. This means it is a special opportunity.

What United Response will do to support you

We will:

- encourage your training and celebrate your success.
- help you to get things you need, like running equipment.
- help you to raise money.
- help you to get to and from the event.
- help you with some money to cover some costs.
- tell people what great things you are doing.
- help in some other ways you need.

How do I apply?

You can only apply once each year.

There are 2 ways to apply:

- By answering some questions on [this form on the United Response website](#).
- Or by emailing your answers to some questions to fundraising@unitedresponse.org.uk

You can answer the questions by:

- Writing your answers
- Recording a short video
- Recording a voice message
- Sharing some photos

You can ask someone you trust for help to apply.

If you have any questions, you can contact Maxine by emailing fundraising@unitedresponse.org.uk or calling 07435 994 562

If we have any questions about your application, we will contact you.

What happens next?

People can apply until 11:59pm on 31st July.

We will then carefully look at all of the applications, including yours!

People who United Response supports and people who have run before will choose who gets this place.

We will let you know if you have or haven't won a place. If you win a place you will join Team United Response. We will tell you what happens next and how we will support you.

It's time to apply! Go to this webpage to complete the form or email us with your questions or application on fundraising@unitedresponse.org.uk

Good luck, take your time, and do your best. We believe in you.

Prepare your answers using these questions

Please try to answer as many questions as possible. This is important so we can get to know you better.

Please provide your name and contact information.

We will only use your information to contact you about the TCS London Marathon. This includes information about the event, fundraising and training support.

If a family member or support staff member is helping you with this application, please include both your details and theirs.

- Your full name
- Your phone number
- Your email address
- Your home address
- The full name of your family member or support staff contact
- The phone number for your family member or support staff contact
- The email address for your family member or support staff contact

Are you supported by United Response?

- Yes
- No

If you are not supported by United Response, please don't continue because you can't take part in this challenge.

If you are supported by United Response, please continue your application.

Do you work or volunteer anywhere?

- Yes
- No

If you work or volunteer somewhere, we might be able to get more funding. We will ask you for more information if you get the place.

Support while taking part

We want you to feel supported throughout training and the marathon experience. These questions help us understand what would help you take part safely and confidently. There are no right or wrong answers.

Does anybody else separate from United Response support you to do things?

- No
- Yes, family or friends
- Yes, other

If it's more than one, please choose 'Yes, other'. If you chose 'Yes, other', please tell us more about who supports you.

What other support would help you take part?

For example: help with training, fundraising, or motivation. Or travel and access needs. It's important we know these things so we can support you well.

Is there anything about your health or wellbeing we should know?

For example: medical conditions, mobility, or energy levels. Or anything else that could affect your training and on marathon day. It's important we know these things so we can support you safely.

Has anyone agreed to support you during training or on marathon day?

For example, a: family member, friend, United Response staff member, or support worker.

- Yes
- Not sure yet
- No

Is there anything else you want us to know about how to support you?

Have you applied for the TCS 2027 London Marathon ballot?

- Yes
- No

Why do you want to run the TCS London Marathon for United Response?

For example: why this is important to you and how it would make you feel.

How much money do you plan to raise for United Response?

If you're selected, we ask you to raise a minimum of £2,200. Don't worry, we will support you with fundraising.

Your fundraising can help people try new things. The more you raise, the more opportunities you help create!

- £2,200 - £3,000
- £3,000 - £4,000
- Over £4,000

How do you plan to reach your fundraising goal?

For example: ideas you have to raise money, if you will do events, and who might support you.

The TCS London Marathon is a popular event with limited places.

Why are you the right person for this opportunity?

What ideas do you have to help make your marathon experience stand out?

For example: taking part in fancy dress.

How often do you run?

For example: more than 2 times a week, 1 or 2 times a week, 1 or 2 times a month, or never.

Tell us if you taken part in the London Marathon or any other challenge events before.

Please tell us anything else you'd like to share.

[Click here to go to the form on the United Response website](#) and answer the questions online.

OR

Email your answers to the questions to:

fundraising@unitedresponse.org.uk

If you have any questions, you can contact Maxine by emailing

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Have fun and good luck!