

Easy Read

London Marathon Easy Read Guide



**Apply for Team
United Response
#TeamUnitedResponse**

[Click here to go to the form on the United Response website](#)
and answer the questions online.





Our CEO, Kate, wants someone we support to run the London Marathon with her to raise money for United Response.



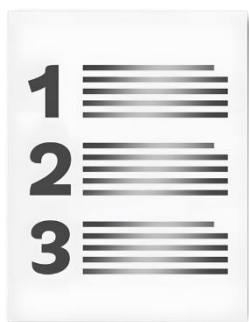
This document explains what that means.



Please think very carefully before you apply.



If you have any questions, you can contact Maxine by emailing fundraising@unitedresponse.org.uk or calling 07435 994 562



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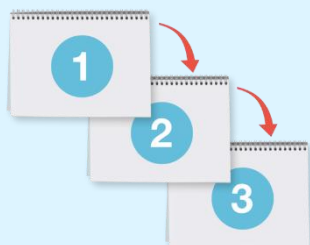
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About the London Marathon



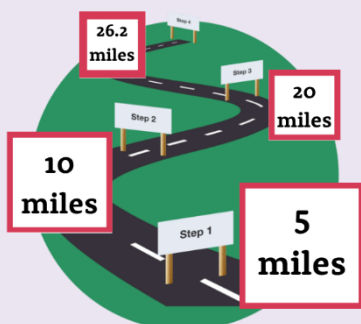
The London Marathon is a big event that happens once a year.



This year's London Marathon is on Sunday 25 April 2027.



A lot of people run and walk the route around London.



The route is 26.2 miles. This is a very long way.



The London Marathon is shown on TV.



Some people take part to raise money for charity.



This is your chance to do that.



Who can apply?



Anyone who is supported by United Response can apply.



You must be 18 or older to run the London Marathon.



You can apply if you want to help other people.



And if you want to do something amazing...



that you can be proud of.



You can apply if you want a big running challenge.



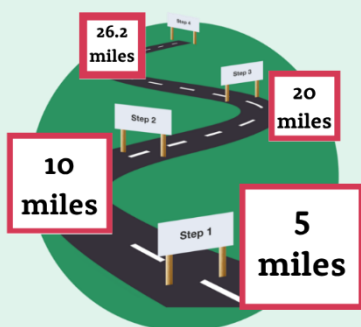
By applying you are telling us you are happy with the things we explain in this document.



What you will need to do if you get a place



You will need to **train**.



Training means practicing and getting ready to run and walk the 26.2 miles.



You will have 8 months to train.



You can train in a way that works best for you.



You will need to raise at least £2,200 for United Response.



This is because United Response is a **charity**.



A **charity** is a type of organisation that helps people.



People give money to charities so they can keep helping people.

This is called **donating**.



United Response has spaces at the London Marathon because we are a charity.



We will use the money people raise for us to help other people we support to try and learn new things.



This means it is a special opportunity.



What United Response will do to support you



We will encourage your training and celebrate your success.



We will help you to get the things you need, like running equipment.



We will help you to raise money.



We will help you get to and from the London Marathon.



We will help you with some money to cover some costs.



We will tell people what great things you are doing.



We will help in some other ways you need.



How to apply



You can only apply once each year.



There are 2 ways to apply:



By clicking here to go to the form on the United Response website and answering the questions online.



OR

Emailing your answers to the questions to:
fundraising@unitedresponse.org.uk



The questions are at the end of this document in the green section.



Use these to help you to prepare your answers.



Please make your answers as clear as possible so we can better understand who you are and why you want to do this.



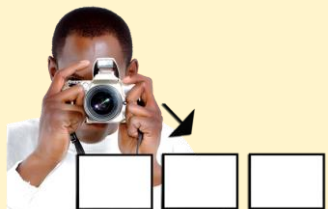
You can write your answers.



Or record a short video.



Or record a voice message.



And you can share some photos.



If you choose to record a video, voice message, or send some photos you will need to email us your application.



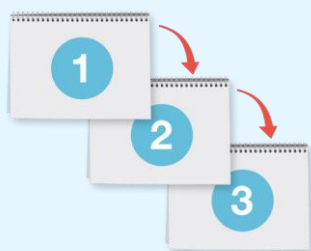
You can ask someone you trust for help to apply.



If you have any questions, you can contact Maxine by emailing fundraising@unitedresponse.org.uk or calling 07435 994 562



If we have any questions about your application, we will contact you.



What happens next?



You can apply until 11:59pm on Friday 31st July 2026.



We will then carefully look at all of the applications, including yours!



People who United Response supports and people who have been involved before will choose who gets this place.



We will let you know if you have or haven't won a place.



If you win a place, you will join Team United Response.



We will tell you what happens next...



And work with you to agree how we will support you.



It's time to apply!



[Click here to go to the form on the United Response website](#) and answer the questions online.



Or email us with your questions or application:
fundraising@unitedresponse.org.uk



The questions are at the end of this document if you would like to prepare your answers before you apply.



Good luck!



Take your time.



Do your best.



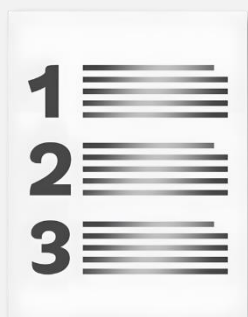
We believe in you.



Prepare your answers using the questions in green



Extra information is in grey.



Please try to answer as many questions as possible.



This is important so we can get to know you better.

A hand is shown writing on a registration form. The form has fields for Name, Address, and Phone Number. The text 'R. Smith' is written in the Name field, '224 West St' in the Address field, and 'Manchester' is partially visible in the Address field. The Phone Number field is empty.

Name *R. Smith*

Address *224 West St*

Manchester

Phone Number

Please provide your name and contact information.



We will only use your information to contact you about the TCS London Marathon.



This includes information about the event, fundraising and training support.

A hand is shown writing on a registration form. The form has fields for Name, Address, and Phone Number. The text 'R. Smith' is written in the Name field, '224 West St' in the Address field, and 'Manchester' is partially visible in the Address field. The Phone Number field is empty.

Name *R. Smith*

Address *224 West St*

Manchester

Phone Number

If a family member or support staff member is helping you with this application, please include both your details and theirs.



- **Your full name**



- **Your phone number**



- **Your email address**



- **Your home address**



- The full name of your family member or support staff contact



- The phone number for your family member or support staff contact



- The email address for your family member or support staff contact



Thank you for giving us your contact details.



Are you supported by United Response?



- Yes
- No



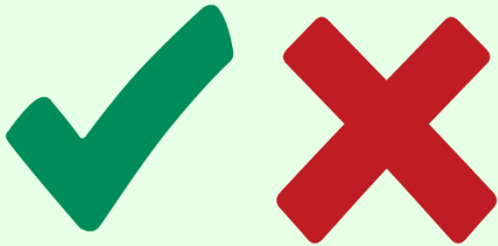
If you are not supported by United Response, please don't continue because you can't take part in this challenge.



If you are supported by United Response, please continue your application.



**Do you work or volunteer
anywhere?**



- Yes
- No



If you work or volunteer
somewhere, we might be able to
get more funding.



We will ask you for more
information if you get the place.



Support while taking part



We want you to feel supported throughout training and the marathon experience.



These questions help us understand what would help you take part safely and confidently.



There are no right or wrong answers.



**Does anybody else separate
from United Response support
you to do things?**



- No
- Yes, family or friends
- Yes, other



If it's more than one, please
choose 'Yes, other'.

1	_____
2	_____
3	_____

If you chose 'Yes, other', please
tell us more about who supports
you.



What other support would help you take part?



For example: help with training, fundraising, or motivation...



Or travel and access needs.



It's important we know these things so we can support you well.



Is there anything about your health or wellbeing we should know?



For example: medical conditions, mobility, or energy levels...



Or anything else that could affect your training and on marathon day.



It's important we know these things so we can support you safely.



Has anyone agreed to support you during training or on marathon day?



For example, a: family member, friend, United Response staff member, or support worker.



- Yes
- Not sure yet
- No



Is there anything else you want us to know about how to support you?



Have you applied for the TCS 2027 London Marathon ballot?



- Yes
- No



Why do you want to run the TCS London Marathon for United Response?



For example: why this is important to you and how it would make you feel.



How much money do you plan to raise for United Response?



If you're selected, we ask you to raise a minimum of £2,200.



Don't worry, we will support you with fundraising.



Your fundraising can help people try new things.



The more you raise, the more opportunities you help create!



- £2,200 - £3,000
- £3,000 - £4,000
- Over £4,000



How do you plan to reach your fundraising goal?



For example: ideas you have to raise money, if you will do events, and who might support you.



The TCS London Marathon is a popular event with limited places.



Why are you the right person for this opportunity?



What ideas do you have to help make your marathon experience stand out?



For example: taking part in fancy dress.



How often do you run?



For example: more than 2 times a week, 1 or 2 times a week, 1 or 2 times a month, or never.



Tell us if you taken part in the London Marathon or any other challenge events before.



Please tell us anything else you'd like to share.



[Click here to go to the form on the United Response website](#) to answer the questions online.



OR

Email your answers to the questions to:
fundraising@unitedresponse.org.uk



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Have fun and good luck!
