

## **Introduction:**

At ROC College, we are committed to creating and sustaining a safe, respectful, and inclusive environment for all students. This Anti-Bullying Strategy outlines our proactive approach to preventing bullying and responding effectively when it occurs, fostering a positive, supportive atmosphere across the college community.

## **Purpose:**

1. Define bullying and its impact on individuals and the community.
2. Outline clear and effective methods for reporting and addressing bullying.
3. Cultivate a culture of mutual respect, inclusivity, and kindness throughout the college.
4. Promote student well-being through prevention, education, and support.

## **Defining Bullying:**

Bullying is intentional behaviour designed to harm or intimidate others. It can manifest in various forms, including:

- Physical bullying: Hitting, pushing, or other physical aggression.
- Verbal bullying: Name-calling, insults, or harmful language.
- Social bullying: Exclusion, isolation, or spreading rumours.
- Cyberbullying: Harassment, threats, or inappropriate behaviour online.

## **Prevention Strategies:**

Our approach to prevention focuses on promoting respect and inclusivity through education and proactive engagement.

**Curriculum Integration:** We integrate anti-bullying themes and social-emotional learning (SEL) into subjects to raise awareness and build empathy.

**Inclusive Activities:** Regular extracurricular events, teamwork-building activities foster inclusivity and collaboration among students.

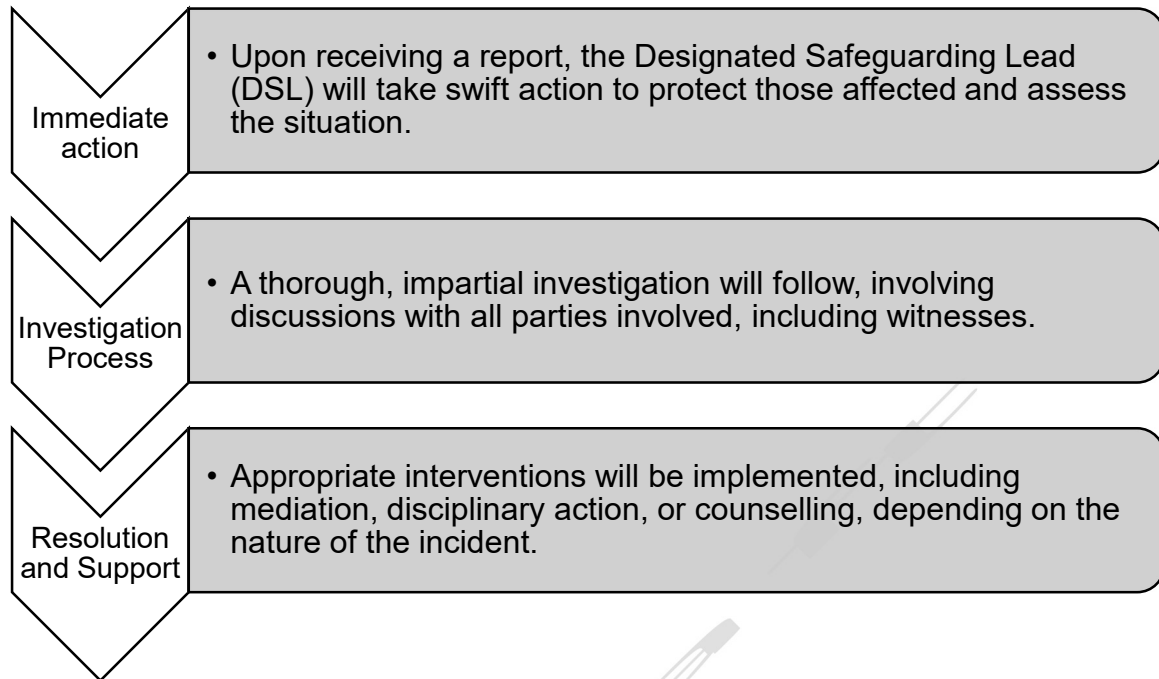
**Clear Codes of Conduct:** We ensure that all students understand behavioural expectations and consequences through accessible, student-friendly guidelines.

**Training and Awareness:** We educate students and staff on responsible behaviour, conflict resolution, and the importance of inclusivity. This includes targeted cyberbullying education.

**Restorative Practices:** We provide students with opportunities for restorative discussions to reflect on actions and repair relationships.

## Response Strategies:

Our response strategy ensures quick, fair, and thoughtful action when bullying occurs, prioritising safety and the well-being of all involved.



## Support Structures:

We are dedicated to providing both preventative and responsive support to all members of our community.

### Counselling Services

Students who are affected by bullying, whether as victims or perpetrators, can access professional support to address emotional and psychological needs.

### External Partnerships

We collaborate with external agencies and specialists to provide additional resources and support tailored to individual needs as required.

## Review and Evaluation:

Our Anti-Bullying Strategy will be regularly reviewed and updated to ensure it remains effective and aligned with best practices.

- **Annual Review:** The strategy will be assessed yearly by the leadership team, with input from students, staff, and parents to identify areas for improvement.
- **Feedback Mechanisms:** We will utilise surveys and feedback channels to gauge the effectiveness of our approach and ensure ongoing improvement.

**Commitment to a Bullying-Free Environment:**

ROC College is unwavering in its commitment to providing a bullying-free environment. We encourage all students, staff, and parents to actively participate in maintaining a positive, respectful culture where every individual is valued.

**Relevant policies and documents:**

Behaviour Policy

Children and Young People's Safeguarding Policy

Student Code of Conduct

