

Active Support

Graded Assistance



Providing just enough of the right type of help, for that person, in that activity and at that time to ensure success.



Finding opportunities for people to make more choices and take more control every day. Even when we don't have choice over what we do, we can have control over how, when and where we do it.



Actively participating in constructive activities using materials, social interactions or group activities, and so adding to quality of life:

- Growing in skills or independence
- Experience real choice and control
- Becoming a more valued member of their local community

Engagement looks different for different people.



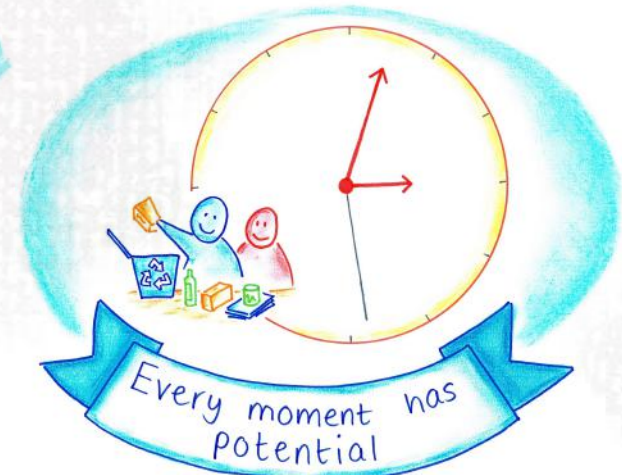
Organising and Improving Support

Using a range of ways to develop consistency and predictability for the people being supported, and to encourage ongoing learning and continual improvement of the support provided.

Little and Often



Making it easy for people to participate by breaking activities down into smaller parts, working at the pace of the individual, providing communication that works for the individual and making the situation speak for itself.



Everything that is happening is an opportunity, wherever a person is, for them to be engaged in something meaningful, to interact with others, to learn something new, to make a choice or have control.